What do we DO?

We work alongside teachers and parents to help students develop socially and emotionally, and to help remove any barriers they have to learning!

We can provide:

- Classroom lessons teaching social skills, how to take care of strong feelings, study skills, etc.
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Community resource referrals (including longer term therapy services)
- Behavior intervention strategies

Contact Us!

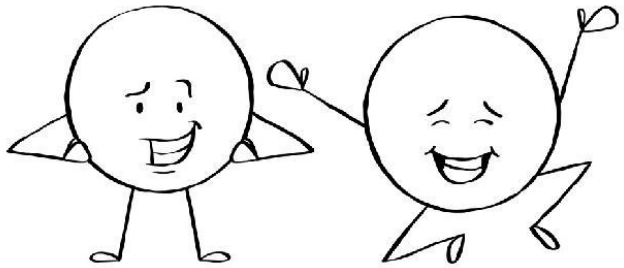


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We are excited and honored to serve you and your child!



****Confidentiality and your family's privacy are important to us. What you or your child discuss with a counselor is private except in cases required by law (when abuse or neglect are suspected).****

Welby Elementary

Guidance Team

Mrs. C and Ms Dana
(School Psychs)
Mrs. Cartier
(School Counselor)



Counsel.
Educate.
Advocate.
Empower.

How can we support support families?

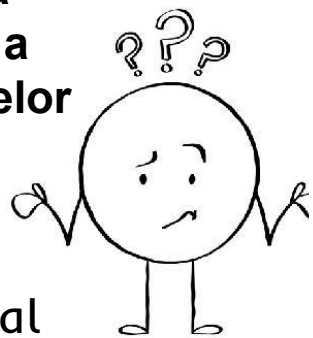
- Helping to handle social or emotional concerns you have about your child
- Improving parent-child communication
- Family difficulties or concerns that affect your child at school
- Referrals for community resources
- Understanding the developmental changes of childhood
- Helping your child to be on time to school every day
- Discussing concerns about your child's academic achievement



What types of things do we talk with students about in class lessons and in counseling?

- Making and keeping friends
- Setting goals
- Teamwork
- Feeling good about yourself
- Making good choices
- Being responsible
- Managing strong feelings
- Conflict resolution

How does a student see a school counselor or psych?



- Self-referral
- Parent referral
- Administrative, teacher, or other staff referral
- Referral by friend(s)

Mrs. C

My favorite thing about being a school psychology intern is helping students find their strengths and feelings of belonging at school, and that no two days are the same!

Ms. Dana

My favorite part of being a School Psychologist is being able to provide a safe, judgment-free space for student to feel supported and heard.

Mrs. Cartier

My favorite part of being a School Counselor is teaching classroom lessons and getting to know the students.